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Best-Selling Author Dr. James Dobson Recognizes the Success of American Heritage Girls in Upcoming Book Release, *Bringing Up Girls*

Faith-Based Leadership Program Continues to Shape the Lives of Young Women Across the Globe

CINCINNATI (April 8, 2010) – American Heritage Girls, Inc., the premier faith-based national character development and leadership organization for young women, is pleased to announce that the upcoming book, *Bringing Up Girls*, recognizes the American Heritage Girls as the character building organization for girls.

Bringing Up Girls, the companion book to *Bringing Up Boys* and authored by child psychologist and parenting expert Dr. James Dobson, offers practical advice and encouragement for those shaping the next generation of women. Appropriately, the American Heritage Girls organization is also committed to providing girls enriching experiences through a unique faith-based leadership program, which is endorsed by Dr. Dobson within *Bringing Up Girls*.

“I recommend American Heritage Girls enthusiastically to parents who want their daughters involved in a traditional Christian-based program that will reinforce what they are trying to teach at home,” said Dr. James Dobson.

As the only all girls’ organization to be affiliated with the Boys Scouts of America, American Heritage Girls offers this practical advice through its programming to enrich the lives of girls through a diverse range of badge activities, community service projects, camping and more.

American Heritage Girls troops are composed of groups of girls ages five to eighteen who meet regularly to learn new skills, give service, grow in their faith, practice leadership, experience teamwork, build friendships and strengthen character. The girls mentor one another in a large group setting and then break into age-appropriate units to achieve the unit’s goals for each meeting.

“We are proud to be recognized by Dr. Dobson and we encourage parents everywhere to commit to their daughter’s future by reading this book and helping build women of integrity through service to God, family, community and country,” Patti Garibay, founder of American Heritage Girls, Inc.

Since its founding in 1995 in Cincinnati, Ohio, American Heritage Girls has grown from ten troops and 100 members to more than 10,000 members spanning 37 states and four countries. The organization is impacting communities through the donation of more than 100,000 hours in community service in 2009 alone.

For more information on American Heritage Girls, Inc. visit www.ahgonline.org or become a fan on [Facebook](https://www.facebook.com/AmericanHeritageGirls).

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